



PowerPoint Training Program – Arsenic



For employees exposed to arsenic at
work

Instructor's Guide

Purpose of This Training Module

You may use this slide presentation to comply with the training requirements of the WISHA Arsenic regulations (WAC 296-848). You can read the training requirements in the rule at the end of this guide.

The topics covered in this module are those required in the rule. However, you may use different materials that cover these topics if you believe that they will be more effective.

Getting Ready

1. Resources and materials you will need:

- A quiet room with basic accommodations for comfort of participants
- A copy of the presentation (computer slide show, overheads, or handouts)
- Overhead projector or computer and projector for Powerpoint presentation
- Copies of the handouts (optional)
- Personal protection used at your worksite (recommended)
- Certificates to hand out to the class as proof of attendance (optional)
- A training roster to pass around for your records (recommended)

2. Review the presentation materials.

Take the time to look through each of the slides and read the instructor's notes that come with each slide. If you have any questions after looking through these materials, you can contact your local L&I office (see page 3) for assistance before you give your first presentation.

3. Customizing the presentation.

- The information contained in this module applies to all workplaces. However, you are also required to include information about conditions that exist at your workplace. Slides # 5, 10, 11, 13, 18, 20, and 25 provide a place to include that information. **Just using the training module without the workplace-specific information will not satisfy all training requirements.**

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- If you have PowerPoint on your computer, additional information is easily added to the PowerPoint version after downloading. The PowerPoint version can be modified, but modification that changes the essential meaning or deletes information may not meet the training requirements.
- If you use the PDF version, the slides cannot be changed, but you can provide the workplace specific information orally, on overhead transparencies or as paper handouts.

4. Prepare the materials and schedule the class

- If you have a computer video projection system, all you need to do is check to make sure the presentation works and make copies of the handouts.
- If you plan to use an overhead projector, print the slides out on transparencies. The PDF version will print quicker and use less printer memory. The slides will be clearer if they are printed in color. If you don't have a color printer, your local print or copy store can print out color transparencies for you.
- Schedule the class for a date and time convenient to most people. If you want many employees and supervisors to participate, try not to make groups larger than 15 attendees.

Presenting the Training

Give the presentation

You can use your own words rather than just reading from the script. You can also make three-slide-per-page handouts of the training.

Ask for participation

It also helps to involve the audience as much as possible by asking them questions and getting them to talk about their own jobs, their exposure to arsenic, use of respirators and any suggestions they may have on how to reduce arsenic exposure.

Questions and answers

Answer any questions the best that you can. Even if you don't have the technical knowledge to answer a lot of questions on arsenic, you can still answer the important questions about the way that your company is addressing employee exposure to arsenic. If any questions on arsenic are asked that you need help answering, you can contact your local L&I office listed on the following page.

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Follow-up

Within a week or two of giving the training, you might want to take a few minutes to talk to some of the employees and supervisors to make sure they understood what was presented and how it applies to them.

Getting help

If you have questions while preparing to give this presentation, or if questions come up during the presentation that you need help in answering, contact your local L&I office listed below for assistance:

| City | Telephone # | E-mail address |
|-----------|--------------|--|
| Everett | 425-290-1300 | dres235@lni.wa.gov |
| Seattle | 206-281-5400 | solt235@lni.wa.gov |
| Spokane | 509-324-2600 | poag235@lni.wa.gov |
| Tacoma | 253-596-3800 | maha235@lni.wa.gov |
| Tumwater | 360-902-5799 | coor235@lni.wa.gov |
| Wenatchee | 509-886-6500 | mcfj235@lni.wa.gov |

Training Requirements in the Arsenic Rule

WAC 296-848-30005 Training

You must

- Train employees:
 - Who are exposed above the action level (AL) of 5 micrograms per cubic meter ($\mu\text{g}/\text{m}^3$) of air;
 - or**
 - Who could experience eye or skin irritation from exposure.
- Provide training:
 - At the time of initial assignment;
 - and**
 - At least every 12 months after initial training.
- Make sure training and information includes all of the following:
 - – A review of this chapter.

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– The information found in another chapter: Go to the General Occupational Health Standards, chapter [296-62 WAC](#);

and

Find Appendix A-Inorganic Arsenic Substance Information Sheet, [WAC 296-62-07354\(1\)](#).

– The purpose for medical evaluations and a description of how you are fulfilling the medical evaluation requirements of this chapter found in Medical evaluations, [WAC 296-848-30030](#).

• Make a copy of each of the following readily available to all employees required to be trained under this section:

- – This chapter;

and

- – These appendices found in another chapter, the General Occupational Health Standards, chapter [296-62 WAC](#);
- Appendix A-Inorganic Arsenic Substance Information Sheet, [WAC 296-62-07354\(1\)](#).
- Appendix B-Substance Technical Guidelines, [WAC 296-62-07354\(2\)](#).
- Appendix C-Medical Surveillance Guidelines, [WAC 296-62-07354\(3\)](#).



Reference:

To see additional training and information requirements in other chapters, go to the:

- Respirators rule, chapter [296-842 WAC](#).
- Safety and Health Core Rules, chapter [296-800 WAC](#),

and find the section titled, Inform and train your employees about hazardous chemicals in your workplace, [WAC 296-800-7030](#).

When following these requirements, include specific information about potential exposures to inorganic arsenic, such as the types of operations, locations, quantities, exposure sources, exposure controls, inorganic arsenic use, and storage.